



Meet a
Newnan-Coweta Magazine

READER ...

ALLISON WIENAND

Allison Wienand first “dipped her toe” into business in the way that many mothers do: by starting a home-based business. She has been very successful with Homemade Gourmet, a company that sells meal planning products that help people prepare delicious meals at home in 30 minutes or less.

After her husband Bernie retired as Vice President of Operations of Foley Products, Allison decided she herself might like to take on an additional work challenge, but she knew it had to be on her own terms. Their ninth grade son, John, has an active schedule at The Heritage School and they are involved parents. She didn’t need to work but wanted to challenge herself in a new way.

A few years back Allison had been a devoted member of Curves, a women’s-only fitness center, but she dropped out in 2001 when she underwent breast cancer treatment. She now calls herself a “breast cancer thriver,” and when she heard that Curves had a location near Target for sale, she was interested. She encouraged friends Hope Haydon, who also serves as Business Manager at Carolyn Barron Montessori School, and Homemade Gourmet Team Member Melodie Wilson to partner together. They purchased Curves this summer, and the challenge and excitement is just what Allison was looking for.

Allison is a Savannah native but after living in Newnan for 16 years wouldn’t consider anyplace else home.

What is your idea of perfect bliss?

Perfect bliss? Gosh ... I guess that would be a family vacation with Bernie and John with absolutely no worries! And it would have to include Marlin fishing because we love to do that as a family. I would love to go to Australia because my sister lives there. The perfect solution would be Marlin fishing off the coast of Australia and seeing my sister on the same trip. That would be bliss.

Okay, now what do you think of as "misery"?

Misery is when things are unbalanced at home - when I'm worrying about my child, the future, things like that.

What are the traits you most value in a friend?

Dependability is extremely important; friendship is not a one-way street. Someone who's fun, has a willingness to listen and is available to lean on is a good friend and I offer the same things back.

What are three things we might find on your nightstand right now?

The remote control, alarm clock and Max Lucado's "Moment in Time." Missy Ballantyne gave it to me when I finished chemotherapy and I referred to it a lot back at that time.

What's your favorite hobby?

I am so into stitchery! Right now I'm doing an afghan and doing some potholders to give as door prizes for our Curves Breast Cancer Awareness Girl's Night In and we're very excited about it.

How did having breast cancer affect you?

Initially, when I was diagnosed, it was very scary. But I came to realize that most people who are diagnosed with breast cancer are survivors and the medicines are getting better every day. And believe it or not, in some ways cancer may have changed my life for the better. I truly realized how important everything is and I try to live my life like that. I try not to let the little things bother me anymore - it's just not worth it. I have a favorite verse of scripture quoted in my Max Lucado book from Proverbs 4. It says to be careful what you think because your thoughts are your life. "Wisdom is supreme; therefore get wisdom. Though it cost all you have, get understanding." (Proverbs 4:7)

INDEX OF ADVERTISERS

These are the people who make Newnan-Coweta Magazine possible. Please let them know you appreciate their support!

| | |
|---|---|
| Advanced Aesthetics Plastic Surgery Center, P.C.89 | Lee-King and Lee-Goodrum Pharmacies47 |
| An Affair to Remember.....43 | Legacy Too Furniture/ Accessories/Antiques27 |
| Archadeck69 | Long Orthodontics, LLC27 |
| Artisan Jewelry Company.....26 | Main Street Newnan24 |
| Ashley Park12, 13 | McIntosh Commercial Bank33 |
| Bank of Coweta100 | Morgan Jewelers/ Downtown63 |
| BB&T25 | Newnan Academy Preschool & Child Care90 |
| Bennett's Antiques79 | NuLink7 |
| Jay S. Berger, M.D., P.C.....31 | Outpatient Imaging33 |
| Bradley's Antiques and More44 | Panoply Interior Design25 |
| Brian's Paint and Body Shop.....69 | Parks & Mottola Realtors.....39 |
| Brown's Pools & Spas Inc.90 | Phillips Dental77 |
| Cardiovascular Consultants of Georgia, P.C.85 | Piedmont Newnan Hospital.....2 |
| Center For Allergy & Asthma5 | Plum Southern42 |
| Chin Chin Newnan Chinese Restaurant47 | Radiation Oncology Services3 |
| Clemens Book Store97 | Roscoe Jenkins Funeral Home59 |
| Connie's Antiques44 | Savannah Court of Newnan63 |
| Coweta-Fayette EMC99 | Scott's Book Store85 |
| Coweta Pool & Fireplace.....73 | Simple Treasures Children's Boutique & Gifts.....35 |
| Crescent Veterinary Hospital59 | Southern Crescent Equine Services67 |
| Crossroads Podiatry39 | The Southern Federal Credit Union55 |
| Delta Community Credit Union.....9 | The Centre for Performing Arts24 |
| Downtown Church of Christ17 | The Heritage School77 |
| Edibile Arrangements49 | The Lazy Daisy43 |
| Farm Bureau Insurance69 | The Lemon Tree44 |
| FoxHall/Forestar Real Estate Group.....11 | The Times-Herald.com79 |
| Fresh-N-Fit Cuisine62 | Traditions in Tile & Stone62 |
| Grantville Package Store67 | Uniglobe McIntosh Travel91 |
| Griffin Dental Specialties53 | University of West Georgia41 |
| Heritage Quilts & Fabrics.....85 | Von Salon35 |
| Heritage Retirement Homes of Peachtree73 | Watts Furniture Galleries.....43 |
| Hollberg's Fine Furniture55 | W. Daly Salon Spa.....19 |
| Hoofers Restaurant.....42 | Wedowee Marine54 |
| Stephen H. Kahler, M.D.17 | West Georgia Hospice43 |
| Keep Newnan Beautiful54 | |
| Kemp's Dalton West Carpets, Inc.90 | |
| Kimble's Events by Design.....44 | |

January/February 2009 Advertising Deadlines

Published: January 2, 2009; Contract Ads: November 19, 2009; New Ads: December 3, 2009

Call 770.683.6397 for details and advertising information.